

## **Barrier Relief Supportive Service Guide Behavioral Health Conditional Dismissal Program**

### **Program Overview:**

The Behavioral Health Conditional Dismissal Program (BHCDP) is designed to provide an eligible person who has a behavioral health disorder (i.e., mental health and/or substance use) and who has been charged with a qualifying offense treatment and recovery support services as an alternative to incarceration. Completion of BHCDP will result in dismissal of the applicable charges.

BHCDP Barrier Relief Supportive Services are meant to help program participants achieve [recovery](#) and develop recovery capital that support treatment engagement and retention. [Recovery capital](#) is defined as resources and services that a person can draw upon to initiate and sustain recovery from behavioral health disorders. Access to barrier relief supportive services should be closely tied to the participant's clinical treatment and/or recovery management plan. Participant involvement in recovery planning can help determine the type of recovery supports most needed.

### **Developing a Recovery Plan:**

A recovery capital scale can be completed on the participant to assess the resources they can use to sustain or support their recovery. A recovery capital scale identifies areas or assets that are going well and those that need action to strengthen them and help support a person's recovery journey. There are several tools that can be used in this process, most are free and in the public domain for use. Once a recovery capital scale is completed and a recovery plan developed, barrier relief funds can be used to assist in strengthening an area of need that has been identified.

### **Example Tools**

Recovery Capital Scale [Recovery Capital Scale \(facesandvoicesofrecovery.org\)](https://facesandvoicesofrecovery.org)  
BARC-10 [barc10.pdf \(recoveryanswers.org\)](https://recoveryanswers.org/barc10.pdf)

### **Barrier Relief Supportive Service Criteria:**

- Individuals must be enrolled as a BHCDP participant as per a signed agreement with the Administrative Office of the Courts.
- Funds may only be used to support needs identified by, as well as adherence to, the treatment/recovery plan agreed upon by either the clinician or case manager, and the client.
- Limits apply to the amount and type of barrier relief available.
- Funds may not be used to reimburse for treatment services.
- Barrier relief funds may be used to supplement but not supplant (i.e., replace) existing resources.
- Barrier relief funds are the payor of last resort, meaning that all other resources must be used first (i.e. insurance, Medicaid, Medicare, state block grant dollars, community programs, etc.).

- Clients seeking education and employment support-related funding shall be referred to the Kentucky Office of Adult Education.

### **Barrier Relief Supportive Service Menu:**

**Funding per participant is set at a MAXIMUM of up to \$2,000 per BHCDP participant for up to 12 months. Eligible services include:**

#### Housing Assistance/Recovery Housing

- **Reimbursement Cap:** \$2,000 TOTAL
  - First month = up to \$500
  - Second month = up to \$500
  - Subsequent months up to six months = up to \$250
- **Description:** Funds may cover monthly rent costs for persons needing NARR-certified or Oxford recovery housing. Funds could also support those moving into or needing support maintaining rent in a personal rental, if appropriate.
- **Exclusions:** Rental assistance can only be paid one month at a time. Recovery housing must be NARR-certified and if it does not allow residents to utilize medications for addiction treatment, including medications for opioid use disorder, the house is not eligible for BHCDP program participation.

#### Transportation

- **Reimbursement Cap:** \$500\*
- **Description:** Funds for transportation purposes can include bus passes, ride share, taxi, gas cards (with proof and oversight for usage), and vehicle repairs. These can be combined if needed. Transportation must be tied to attending treatment or recovery related services (if telehealth is not available). Transportation to go to interviews, work, employment training, or education can be covered if cost not eligible for reimbursement through the KY Office of Adult Education.
- **Exclusions:** Funds cannot be used to cover the cost of purchasing a car or other motorized vehicle.

\*Providers must first attempt to use Medicaid or program transportation.

#### Basic Needs

- **Reimbursement Cap:** \$750
- **Description:** Funds for basic needs may cover costs for clothing (e.g. underwear, socks, and shoes), ID cards, birth certificates, food while working to access food banks and getting SNAP benefits, dental care (e.g. dentures), vision care (e.g. glasses/lenses), and/or childcare services. Items must directly support treatment access and/or achieving or maintaining a recovery goal.
- **Exclusions:** Costs for clothing items (e.g. underwear, socks, and shoes) cannot exceed \$150.

#### Emergency Housing Support

- **Reimbursement Cap:** \$500

- **Description:** Funds can support participants experiencing emergent needs. This may include emergency hotel stays up to three nights while waiting for placement in residential treatment or recovery housing; costs for up to no more than six months to cover utilities such as electricity, water or gas in order to move in or maintain safe housing; and/or deposits for moving in to a recovery house or initial utilities if a personal rental.
- **Exclusions:** Hotel stays can only be paid one night at a time. Utility payments can only be made one month at a time.

**Questions related to eligibility or service caps/requirements should be directed to the Barrier Relief Supportive Service Program Coordinator Ethan Phipps at [ephipps@ekcep.org](mailto:ephipps@ekcep.org)**